

# **Sharp Physiques Meal Order Form**

Client Name: \_\_\_\_\_

Client Contact Number: \_\_\_\_\_

Order Date: \_\_\_\_\_

Pick-Up Date: \_\_\_\_\_

Payment Type: \_\_\_\_\_

Amount: \$ \_\_\_\_\_

Credit Card #: \_\_\_\_\_

Expiration Date (MM/YY): \_\_\_\_\_

Security Code (3 or 4 digit): \_\_\_\_\_

Billing Address: \_\_\_\_\_

Billing Zip: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

\*If CC is on file, please enter "On File" in CC# blank, and sign on signature line above

Total: \_\_\_\_\_ Discounted Total (total X .90) \_\_\_\_\_ Tax(x8.25%): \_\_\_\_\_ Grand Total: \_\_\_\_\_

**Healthy Breakfast**

	<b><u>Small</u></b>	<b><u>Medium</u></b>	<b><u>Large</u></b>	<b><u>Total \$</u></b>
Luis' Migas	_____x\$4.00	_____x\$5.50	_____x\$7.00	_____
Perfect Patty (one size)	_____x\$6.50			_____
H-Town Breakfast	_____x\$4.50	_____x\$5.50	_____x\$7.00	_____
Choice Oatmeal	_____x\$4.00	_____x\$5.50		_____
Mix-n-Mash Breakfast	_____x\$4.50	_____x\$5.50	_____x\$7.00	_____
Breakfast Tacos (one size)	_____x\$5.50			_____

**Healthy Carb Meals**

	<b><u>Small</u></b>	<b><u>Medium</u></b>	<b><u>Large</u></b>	<b><u>Total \$</u></b>
Salmon Stir Fry	_____x\$7.00	_____x\$8.75	_____x\$11.00	_____
Tenderloin Stir Fry	_____x\$7.00	_____x\$8.75	_____x\$11.00	_____
Turkey Pasta	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Mario's Marine Mash	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Lean Lemon Turkey	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Chicken Fettucini Alfredo	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Turkey Meatloaf	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Tenderloin Wrap (one size)	_____x\$6.50			_____
Chicken Wrap (one size)	_____x\$6.50			_____
Chicken Taco Bowl	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Waldorf Salad	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Scott's Killuh Green Chicken	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Chargrilled Crazy Chicken	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Kickin' Tilapia	_____x\$7.00	_____x\$8.75	_____x\$11.00	_____
Atlantic Baked Salmon	_____x\$7.00	_____x\$8.75	_____x\$11.00	_____
Hawaiin Chicken	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____

**Healthy Low-Carb Meals**

	<b><u>Small</u></b>	<b><u>Medium</u></b>	<b><u>Large</u></b>	<b><u>Total \$</u></b>
Chicken Fajitas	_____x\$7.00	_____x\$8.50	_____x\$10.50	_____
Ginger Chicken Delight	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Denyse's Killuh Chilli	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____
Roasted Veg. Dinner	_____x\$7.00	_____x\$8.50	_____x\$10.50	_____
(Circle protein for Veg. Dinner)	Chicken	Tenderloin	Tilapia	Salmon
Choice Salad	_____x\$6.50	_____x\$8.00	_____x\$10.00	_____

**Healthy Snacks**

	<b><u>Small</u></b>	<b><u>Medium</u></b>	<b><u>Large</u></b>	<b><u>Total \$</u></b>
Choice Trail Snack	_____x\$1.50	_____x\$2.50	_____x\$3.50	_____
Miguel's Snack Tacos	_____x\$7.00			_____
Chicken Fruit Bowl	_____x\$3.00	_____x4.50	_____x\$6.00	_____
Garlic Edamame (one size)	_____x\$4.00			_____
Orange Berry Delight	_____x\$3.50	_____x4.50		_____
Oatmega 3 Bar (one size)	_____x\$2.50			_____
Devin's Tasty Muffins(one size)	_____x\$8.00			_____
Fruit Yogurt Bowl (one size)	_____x\$5.50			_____
Berries-n-Yogurt (one size)	_____x\$5.50			_____